

# Exosomes – The new Generation of Stem Cell Therapy



**BioMed Lab Bangkok**

# Exosomes vs Stem Cells

A close-up photograph of a laboratory procedure. A person wearing a white lab coat and yellow nitrile gloves is using a blue pipette to transfer a red liquid into a white multi-well plate. The pipette tip is positioned over one of the wells, which already contains a small amount of red liquid. The background is a blurred laboratory environment with other lab equipment and a person in a white lab coat.

**The biological effect of Exosomes is vs Stem Cells much higher and faster**

- An **Exosome** is a term that applies to a tiny extracellular vesicle. They are acellular vesicles that are produced by most cells throughout the body.
- They are present in all body fluids such as breast milk, urine, lung fluid, semen, saliva.
- Exosomes are produced by cells, but are not cells themselves.

**Exosomes** are part of the heterogenous Extracellular vesicles which include:

- Microvesicles - larger vesicles
- Apoptotic Bodies – sometimes the same size as exosomes.

Exosomes are 30-150nm in size, which is 1000 times smaller than stem cells. They were discovered in 1983 and found to carry proteins, small RNA, cytokines, and growth factors within them.

Exosomes are formed by what is called an endosomal route.

Think of a soap bubble, with a lot of "information" contained within it. Exosomes are released from cells by the soap bubble fusing to the cell membrane and then being released into the extracellular space.

The regulation of this process is not well understood. There has been a huge amount of interest in exosomes due to the following:

- They are extremely small and acellular. About 1000 times smaller than stem cells. So providers don't have to worry about damaging a cellular component.
- Cost effective – lower cost than most other tissue products.
- Less restrictive storage requirements – if lyophilized they can be stored at room temp for months. If not, they can be put into a regular refrigerator temp for 1 month or a freezer for a year.
- Great topical results.
- •The best exosomes are those made from umbilical cord mesenchymal stem cells. The MSCs are cultured, and the byproduct is exosomes.



# Which is a BETTER THERAPY? Stem cell vs exosome



## Stem cell therapy

Using Live Stem Cells



Can replicate in body for long-lasting cell repair & cell renewal effect



VS

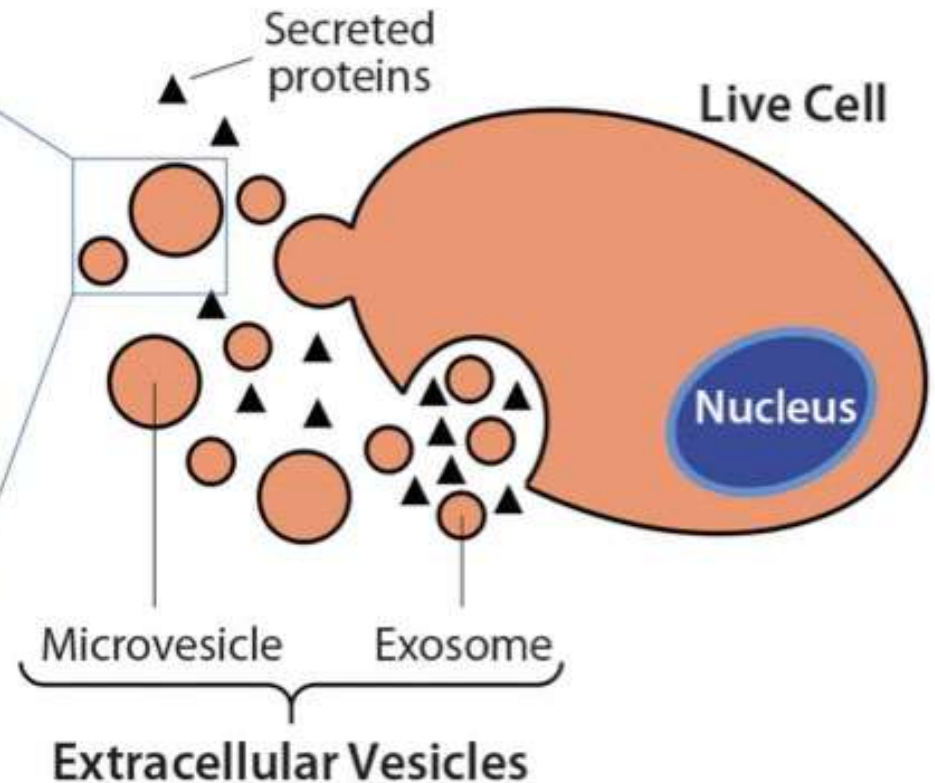
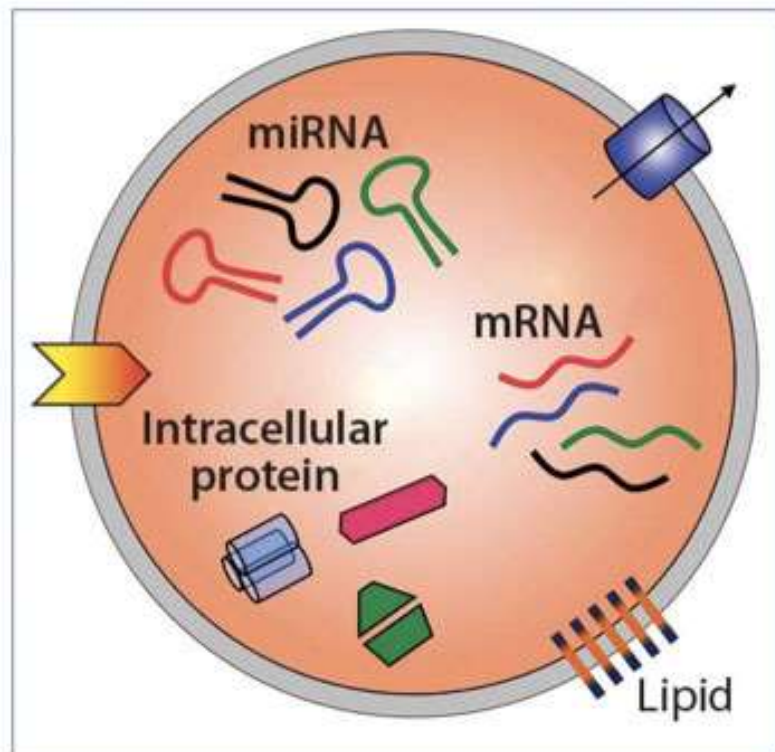
## Exosome therapy



Exosomes are used to send "repair message" to damaged organs



Short term (4-6 months) repair effect as exosomes "message" will wear off



# “STEM CELLS” In Clinics Around The World

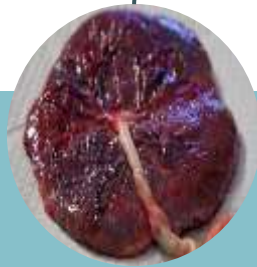


Adult stem cells  
are  
Multipotent Stem cell

Mesenchymal Stem Cell in the culture dish



Umbilical cord



Placenta



Amniotic fluid



Bone marrow

Adult Stem cells normally found in the body tissues and at embryonic tissues

# Limitations of using MSC



## Limited Number of Cells

Tissue donation can produce only a limited number of MSC doses, For e.g. Bone marrow donation typically yields fewer than 20,000 MSCs



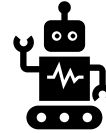
## Loss in Potency

MSCs start to change as culture expansion progresses. This results loss in potency and cells goes to senescence



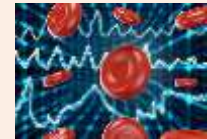
## Screening Cost

Significant logistical challenges and costs involved with collection of tissue, for example, screening and testing multiple donors, followed by collecting and testing the donated material, is both time consuming and expensive.



## Sample variation

Quality of MSC that isolated from different donations varies substantially.



## Rejection

**There is always the risk of immune defense (rejection) of cells that are not the body's own; also with cell banking of babies born within the family.**  
**Risk for side effect**

# **Exosomes**

**The new  
generation of  
Stem Cell Therapy**

# Unlimited Exosomes

For example,  
squeeze a  
lemon



**juice extract**

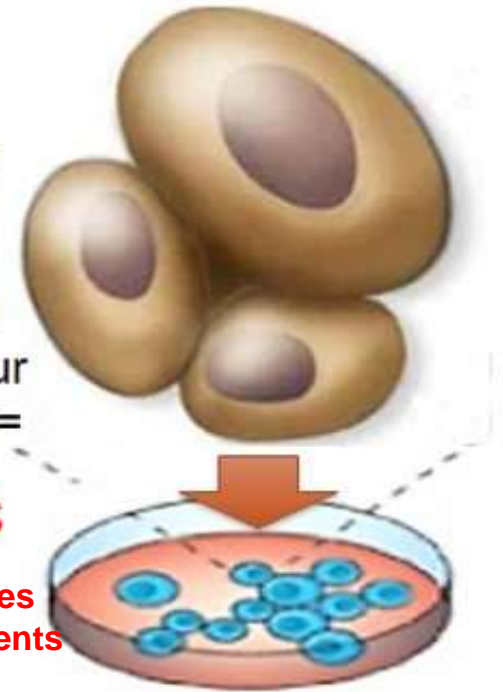
You can make Exosomes from any kinds of human cells, also from animal cells. At the end you can call it Exosomes.

Most exosomes on the market are made from normal MSC or other cells; Cells from donors or cells from the patient.

It's a similar procedure in the lab.  
Reprogramming means to create the extract of your own Stem Cells =

**Exosomes**

better to say: iExosomes  
(which come from patients own iPSC/iMSC)



**Our Exosomes are derived from the patient's own stem cells; not only from their own stem cells, but from their own “embryonic stem cells”.**  
**How does it work; the patient is not an embryo? We transfer the skin cells obtained by biopsy to these patient-own embryonic stem cells, the so-called iPSC (= introduced pluripotent stem cells). After that, these cells are transformed into normal stem cells and then the exosomes are extracted.**  
**The effect of these exosomes cannot be compared to other exosomes.**



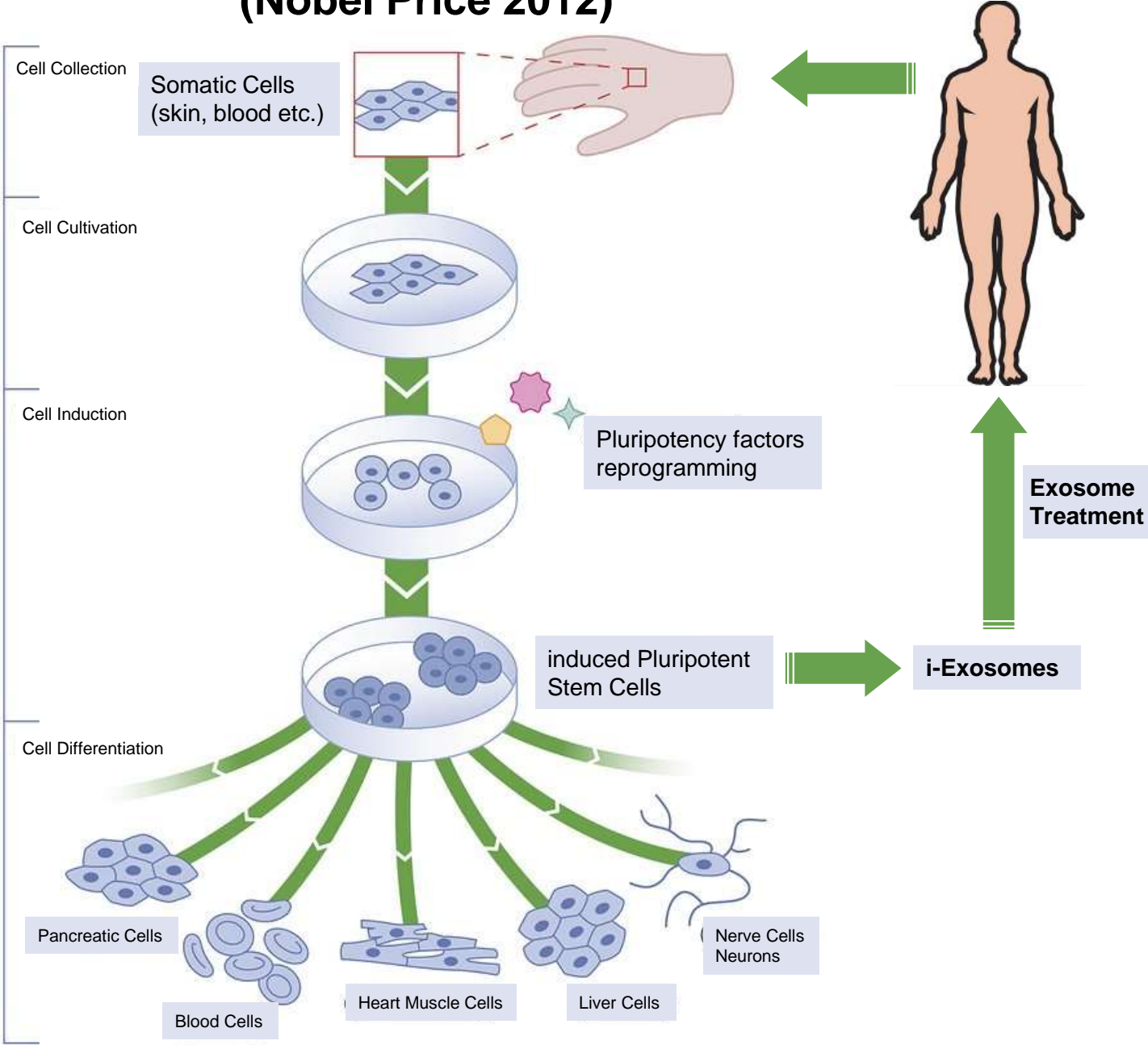
# Embryonic and Pluripotent Stem Cells

A very exciting alternative to embryonic stem cells that holds great promise for clinical use are induced pluripotent stem cells (iPSC).

They are obtained by “reprogramming” ethically harmless adult cells, such as connective tissue cells of the skin, by introducing some genes that are very active during early embryonic development. The activity of these “embryonic genes” turns back the developmental clock in the differentiated cells almost completely, so that the reprogrammed cells are returned to a state that is almost identical to that of embryonic stem cells. Therefore, induced pluripotent stem cells are currently attracting enormous interest in biomedical research.

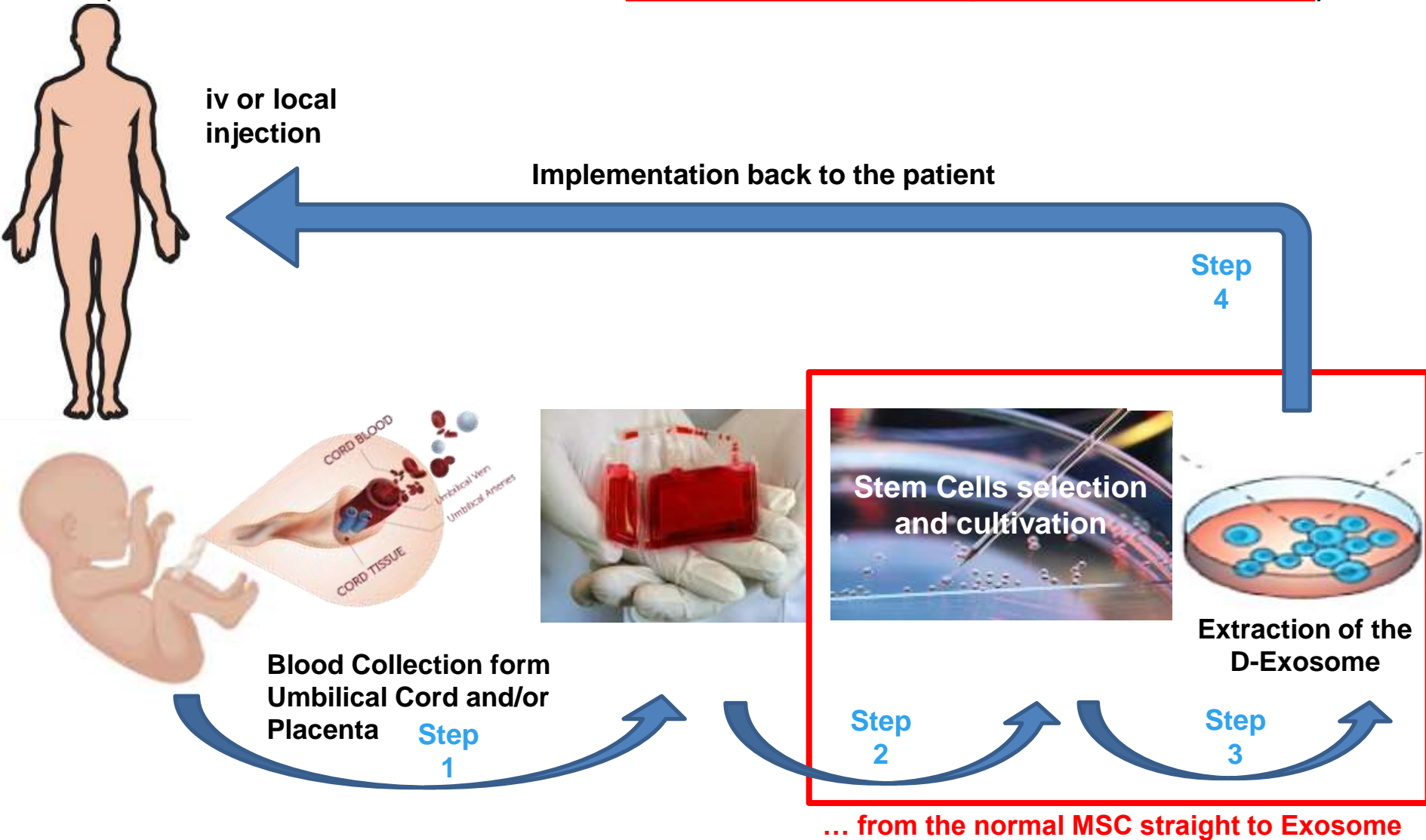
There is great hope that iPSCs can soon be used successfully in the treatment of, for example, Parkinson's disease, ALZHEIMER's disease and other diseases that are associated with the loss of a certain cell type or tissue. This is why research with pluripotent stem cells is of great medical importance.

# Our procedure for cell reprogramming according Prof. Yamanaka, Japan (Nobel Price 2012)



# Standard Exosome Production

D-Exosomes from MSC Donor Stem Cells = DMSC  
(stem cell donation from umbilical cord/placenta tissue)



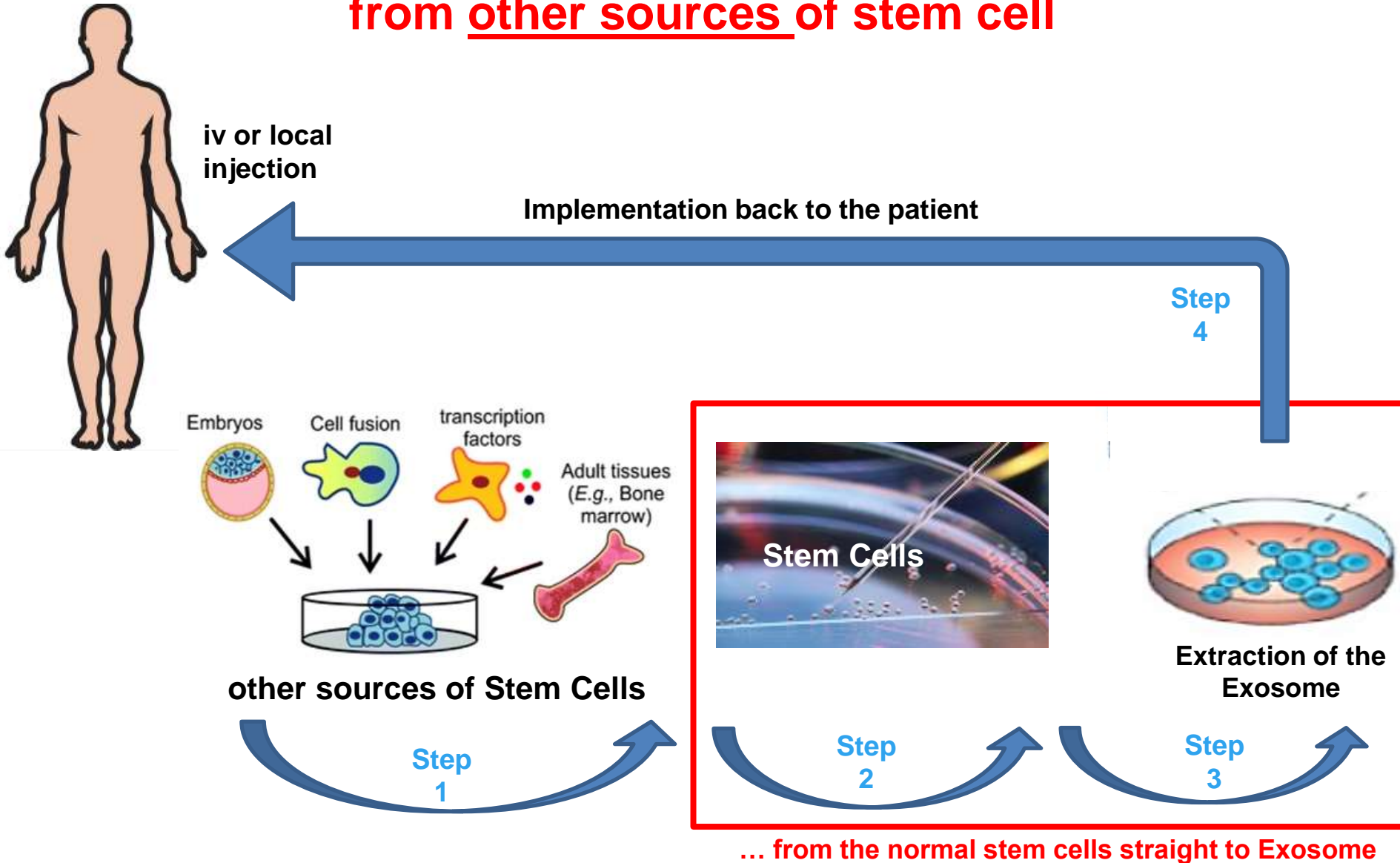
... from the normal MSC straight to Exosome

**Or...**

# Standard Exosome Production

D-Exosomes from MSC Donor Stem Cells = DMSC

from other sources of stem cell





**Or from...**

# i-Exosomes

## iPSC-iMSC & i-EXOSOME Program

### A Nobel Prize Technology

presented by:

Prof. Dr. Shinya Yamanaka, Japan

Dr. Rajneesh Verma, Australia

Biomed Clinic & Lab Bangkok, Thailand



## Production of i-Exosomes

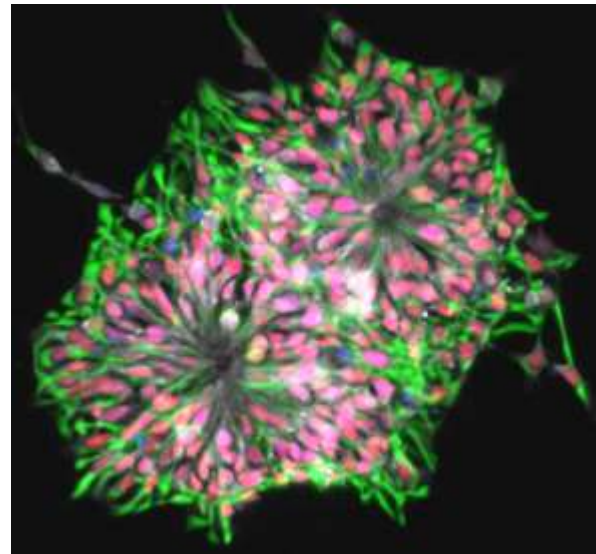
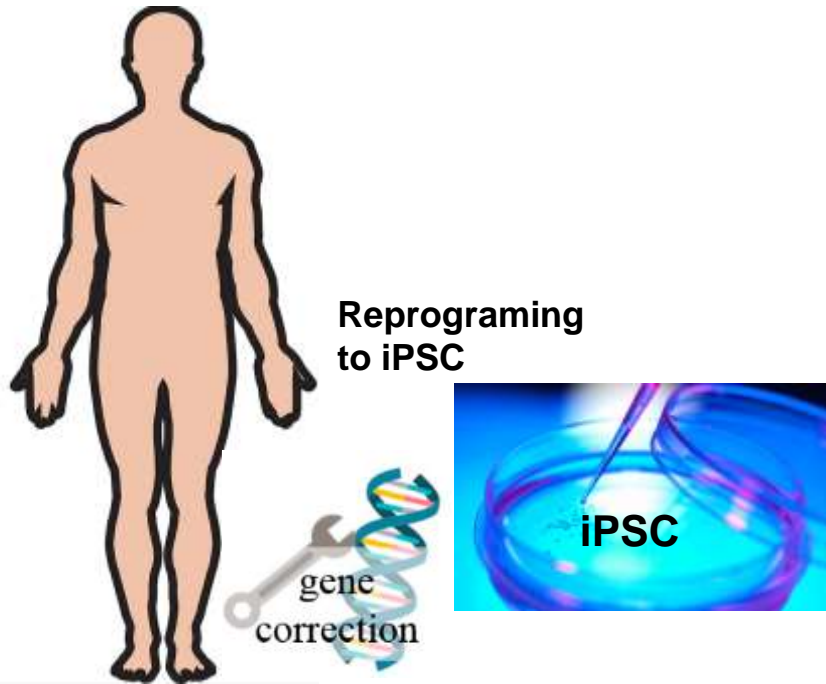
from your own somatic cells (blood cells or skin cells)

According to our therapeutic  
experience in field of cell therapy,  
BioMed suggests to all our patients  
the new generation of stem cell  
therapy

## **Exosomes**

**obtained from the patient's own stem cells**

# What it means: “patient’s own stem cells?”



**Prof. Dr. Shinya Yamanaka, Japan**  
Kyoto University, Kyoto, Japan;  
Gladstone Institutes, San Francisco,  
CA, USA  
Nobel Prize in Physiology and  
Medicine 2012 “for the discovery that  
mature cells can be reprogrammed to  
become pluripotent”

**We have found a way to transform normal human (somatic) cells into stem cells that correspond and are equivalent to Patient's own Embryonic Stem Cells. These stem cells therefore have the highest possible effect as pluripotent stem cells.**

Note: iPSC are derived from skin or blood cells that have been reprogrammed back into an embryonic-like pluripotent state that enables the development of an unlimited source of any type of human cell needed for therapeutic purposes. For example, iPSC can be prodded into becoming beta islet cells to treat diabetes, blood cells to create new blood free of cancer cells for a leukemia patient, or neurons to treat neurological disorders.

# iPSC = Pluripotent Stem Cells

iPSC-Exosomes  
(i-Exosomes) means  
Exosomes from  
patient's own (induced)  
**Pluripotent Stem Cells**

**Pluripotent stem cells  
can differentiate into  
almost all body cells –  
like embryonic stem  
cells from**



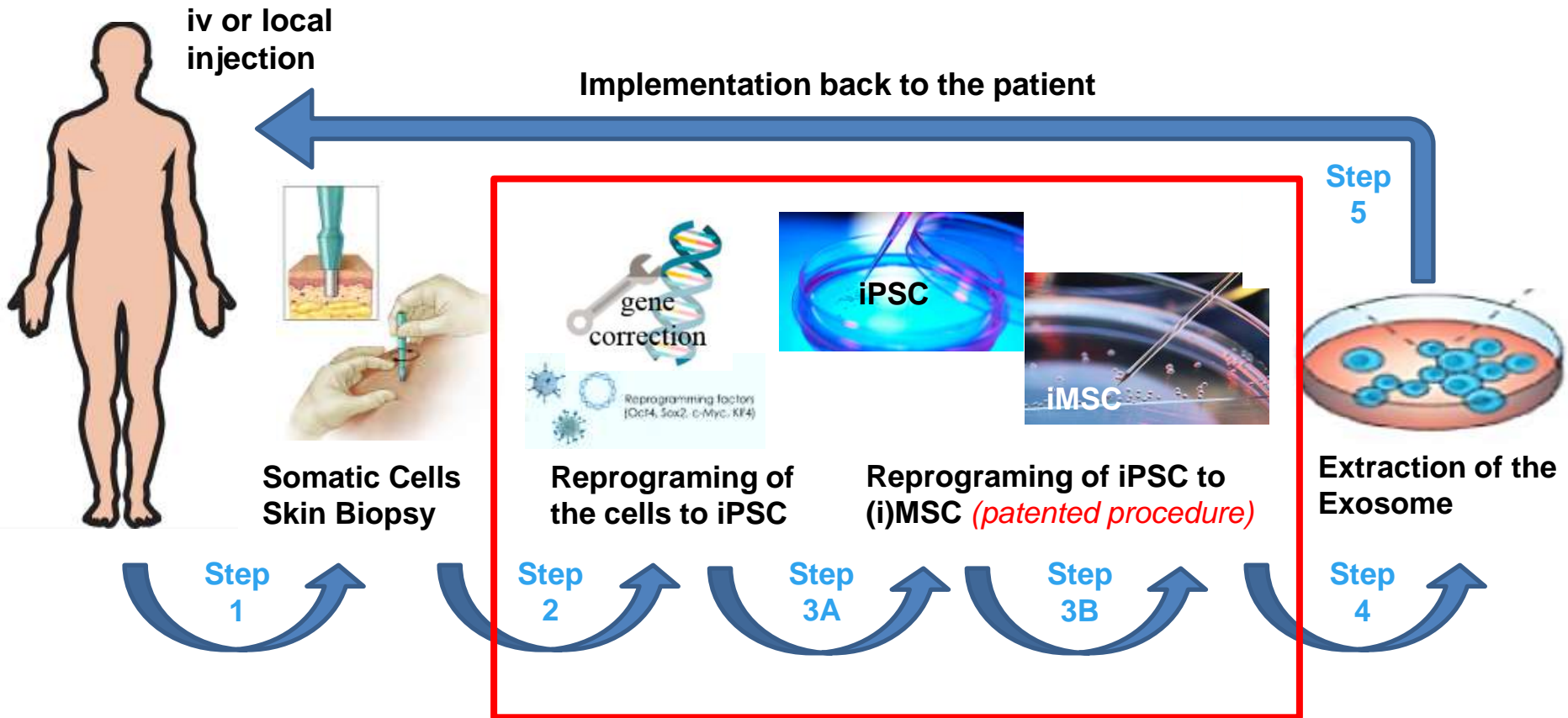
iPSC = Pluripotent  
Stem Cells

equivalent to your  
own embryonic  
stem cells

Note: Embryonic stem cells are those stem cells that are responsible for the formation of the entire organism in the embryonic phase. All other, later cell types develop from these first cells. Their degree of differentiation is pluripotent or totipotent. Totipotent stem cells can develop into a complete organism. This only applies to stem cells in the early embryonic stage. After gastrulation, when the germ layers form, the stem cells are only pluripotent. From this point on, they can only develop into the respective cells of the three germ layers (ectoderm, endoderm, mesoderm), but can no longer form a complete organism. In contrast, adult stem cells are usually only multi- and oligopotent.  
**iPSC correspond to cells in the embryonic stage up to the 10th week of growth.**



# Exosome Production from patient's own iPSC-iMSC



From patient's skin cells via transformation to iPSC to iMSC and finally to iExosomes

# BioMed's iPSC-Exosomes



**Offer for  
international  
partners**

# Exosome-Offer for *BioMed's Clinic Partnership*

## A) Exosomes from patient's own stem cells

Source: somatic cells (fibroblasts) → iPSC → iMSC → i-Exosome

## B) Exosomes from BioMed's Donor Stem Cell Banking

Source: BioMed's own SC Donor Bank Umbilical Cord and Placenta

## C) Exosome from Patient's Family's Stem Cell Banking

Source: Patients own Banking Lab (Umbilical Cord and Placenta etc.)